

Yes/No/Maybe for Polyamory

Instructions:

1. Print a copy of this list for each partner, or have each person open the list on a separate device.
2. On your own, check whether you're interested, maybe interested, or not interested in each idea.
3. Once everyone is finished, compare lists. Respect any "no's". Focus on mutual or compatible "yes/maybe" answers to begin exploring.

| | Yes | Maybe | No |
|--------------------------------------------------------------------------------------------------------------------------------------|-----|-------|----|
| Partner Dates on Weeknights <i>Your partner(s) goes on dates with other people on weeknights.</i> | | | |
| You Date on Weeknights <i>You go on dates with others on weeknights.</i> | | | |
| Partner Dates on Weekends <i>Your partner(s) goes on dates with other people on weekends.</i> | | | |
| You Date on Weekends <i>You go on dates with other people on weekends.</i> | | | |
| Partner Dates Within Your Social Circle <i>Your partner(s) can date your friends and acquaintances.</i> | | | |
| You Date Within Your Partner's Social Circle <i>You can date your partners' friends and acquaintances.</i> | | | |
| Partner Meets People You're Dating <i>Your existing partner(s) meet potential new partners.</i> | | | |
| You Meet People Your Partner is Dating <i>You meet your partners' potential new partners.</i> | | | |
| Using Boyfriend/Girlfriend/Partner/Etc. Labels <i>You and your partner(s) use relationship labels with other partners.</i> | | | |
| Social Media Posting <i>You and your partner(s) are open about dating others on social media.</i> | | | |
| Social Introductions <i>New or potential partners can meet your friends.</i> | | | |
| Family Introductions <i>New or potential partners can meet your family.</i> | | | |
| Being Poly in Public <i>You and your partner(s) are free to express love and affection with others publicly.</i> | | | |
| Triad <i>Poly relationship between three people.</i> | | | |
| Quad <i>Poly relationship between four people.</i> | | | |
| Polycule <i>Multiple polyamorous relationships connected by shared partners.</i> | | | |
| Polyfidelity <i>Exclusive or 'closed' poly relationships; all partners agree not to date anyone else.</i> | | | |
| Future Planning <i>Make long-term plans that involve new partners.</i> | | | |

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| Partner Has Overnight Stays <i>Your partner(s) sleeps overnight with others they're dating.</i> | | | |
| You Have Overnight Stays <i>You sleep overnight with others you're dating.</i> | | | |
| Financial Support <i>You provide financial support to new partners if needed.</i> | | | |
| Sharing Finances <i>You and one or more partners merge your finances.</i> | | | |
| Nesting <i>You and existing partners move in together (or already live together).</i> | | | |
| Nesting with New Partners <i>New partners can move in with you.</i> | | | |
| Partner Travels with Others <i>Your partner(s) goes on trips with other/potential partners.</i> | | | |
| You Travel with Others <i>You go on trips with new/potential partners.</i> | | | |
| Having Kids <i>You and an existing partner(s) want to have kids (or already do).</i> | | | |
| Kids with New Partners <i>You're open to having kids with new partners.</i> | | | |
| Marriage <i>You and an existing partner(s) want to get married (or already are).</i> | | | |
| Marriage to New Partners <i>You want to marry or be handfasted to future partners.</i> | | | |
| Partner Has Casual Sex <i>A partner engages in no-strings-attached sex with other people.</i> | | | |
| Have Casual Sex <i>You engage in no-strings-attached sex with other people.</i> | | | |
| Kitchen Table Polyamory <i>All partners involved are friends & comfortable having dinner together.</i> | | | |
| Parallel Polyamory <i>Partnerships do not intersect; not all partners meet all other partners.</i> | | | |
| Garden Party Polyamory <i>Partners are cordial when their lives intersect, but don't pursue friendship.</i> | | | |
| Hierarchical Polyamory <i>Your existing relationship(s) is prioritized over any new relationships.</i> | | | |
| Nonhierarchical Polyamory <i>All partnerships are considered equally important, even if in different ways.</i> | | | |
| Relationship Anarchy <i>Individuals and their autonomy & wellbeing are prioritized over relationship models.</i> | | | |