

Yes/No/Maybe for Ethical Nonmonogamy

Instructions:

1. Print a copy of this list for each partner, or have each person open the list on a separate device.
2. On your own, check whether you're interested, maybe interested, or not interested with each idea.
3. Once everyone is finished, compare lists. Respect any "no's". Focus on mutual or compatible "yes/maybe" answers to begin exploring.

	Yes	Maybe	No
Partner Flirts While Away <i>A partner flirts with other people when you're not present.</i>			
Flirt While Away <i>You flirt with others while a partner isn't present.</i>			
Partner Flirts in Front of You <i>A partner flirts with others in places where you can witness it.</i>			
Flirt in Front of Partner <i>You flirt with others in places where a partner can witness it.</i>			
Partner Exchanges Contact Info <i>A partner shares their number or socials to chat with people they're attracted to.</i>			
Exchange Contact Info <i>You share your number or socials to chat with people you're attracted to.</i>			
Partner Goes on Dates <i>A partner meets others for coffee, drinks, meals, events, or hangouts.</i>			
Go on Dates <i>You meet others for coffee, drinks, meals, events, or hangouts.</i>			
Double Dates <i>You and a partner go on double dates with other couples interested in ENM.</i>			
Experiment with Swinging <i>You and a partner create a profile on a swinger site or attend swinger events.</i>			
Partner Displays Affection While Away <i>A partner kisses, caresses, and displays affection to others when you're not present.</i>			
Display Affection While Away <i>Kiss, caress, and display affection to others without a partner present.</i>			
Partner Displays Affection in Front of You <i>A partner kisses, caresses, and displays affection to others where you can witness it.</i>			
Display Affection in Front of Partner <i>Kiss, caress, and display affection to others where a partner can witness it.</i>			
Partner Engages in Sexual Acts While Away <i>A partner engages in manual, oral, or penetrative sex when you're not present.</i>			
Engage in Sexual Acts While Away <i>You engage in manual, oral, or penetrative sex without a partner present.</i>			
Partner Engages in Sexual Acts in Front of You <i>Watch your partner engage in manual, oral, or penetrative sex with others.</i>			
Engage in Sexual Acts in Front of Partner <i>You engage in manual, oral, or penetrative sex where a partner can witness it.</i>			

Threesome with a Man <i>You, a partner, and a man engage in sexual play together.</i>			
Threesome with a Woman <i>You, a partner, and a woman engage in sexual play together.</i>			
Threesome with a Nonbinary Partner <i>You, a partner, and a nonbinary person engage in sexual play together.</i>			
Group Sex <i>You, a partner, and two or more others engage in sexual play together.</i>			
Partner Swap (different rooms) <i>You and a partner swap with another couple for sexual play in separate rooms.</i>			
Partner Swap (same room) <i>You and a partner swap with another couple for separate play in the same room.</i>			
Attend an Orgy <i>You and a partner attend a sex party or orgy.</i>			
Hire a Sex Worker <i>You and a partner hire a sex worker for acts you've agreed to try.</i>			
Partner Engages in Kink While Away <i>A partner engages in kink play with others when you're not present.</i>			
Engage in Kink While Away <i>You engage in kink play with others where your partner can't witness it.</i>			
Partner Has Ongoing Sexual Relationships <i>A partner sees the same person/people repeatedly for sex.</i>			
Have Ongoing Sexual Relationships <i>You see the same person/people repeatedly for sex.</i>			
Partner Pursues Emotional Connection <i>A partner seeks or is open to emotional or romantic relationships with others.</i>			
Pursue Emotional Connection <i>You seek or are open to emotional or romantic relationships with others.</i>			
Kitchen Table Polyamory <i>All romantic partners involved are friends & comfortable having dinner together.</i>			
Parallel Polyamory <i>Romantic partnerships do not intersect; not all partners meet all other partners.</i>			
Garden Party Polyamory <i>Romantic partners are cordial when their lives intersect, but don't pursue friendship.</i>			
Hierarchical Polyamory <i>Your existing relationship is prioritized over any new relationships.</i>			
Nonhierarchical Polyamory <i>All partnerships are considered equally important, even if in different ways.</i>			
Relationship Anarchy <i>Individuals and their autonomy & wellbeing are prioritized over relationship models.</i>			